

LITTLE SNOWFLAKES' WEEKLY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Vanilla yogurt Bagel with cream cheese	Apple sauce Waffel with jelly	Cereal with milk Bananas	Pancake and maple syrup	Yogurt Toast with cheese
LUNCH	Mashed potatoes Fish stick Milk	Macaroni with ketchup Corn,carrot,green beans Milk	Cheese tortellini or ravioli Broccoli,carrot Milk	French fries and chicken nuggets Corn,carrot,green beans Milk	Brown rice with beans Milk
SNACK	Apple,bananas,pears Crackers with cream cheese	Bananas American cheese Things	Apple,bananas,pears Crackers with cream cheese	Apple,bananas,pears Things Raisin	Apple,bananas,pears Things American cheese